

# Day of Prayer and Reflection

September 20, 2017

10:00am to 4:00pm

\$40 (lunch included)

refundable deposit to register

Villa of Our Lady Retreat House

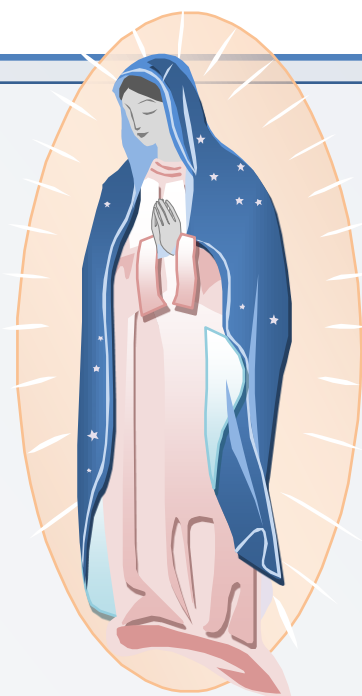
245 Meadowside Drive

Mt. Pocono, PA 18344

Call or e-mail to register:

570-839-7217 \* [josand64@ptd.net](mailto:josand64@ptd.net)

Cost:  
\$10 non-



## Aging with Wisdom and Grace

To live is to age! But how do we age? This program will prayerfully discuss ways in which we can grow as integral mature adults embracing both the challenges and the joys of the later years. The day will include presentations, quiet and communal prayer, faith sharing and Mass.

Presenter: Sister Eileen P. Smith, RSM, is the Director at Mount St. Mary House of Prayer, in Watchung, NJ. She is a certified Spiritual Director, retreat director, pastoral minister and teacher.

